

MHI BREAKFAST EXPERIENCE

TAKE A TOUR THROUGH WHAT THE FARMERS DROPPED AT OUR BACK DOOR

BEGINNINGS

brûléed oatmeal ~ oat milk . Gianforte Farm oats . ny maple syrup . Milk Pail apples DF GF V

breakfast sundae ~ greek yogurt . mhi hemp granola . north fork hot house seasonal fruit GF V

MAIN

late harvest omelet ~ QHF romanesco . QHF braising greens . 5 onion meritage . butternut squash north fork aged gouda . free range eggs GF V

Amagansett wheat berry bowl ~ QHF wheat berries . butternut squash . QHF cauliflower . pomegranate 5 onion meritage . Satur Farms arugula V DF

da' fat #\$\$!%&! wrap ~ free range eggs . aged cheddar cheese . pork sausage . bacon QHF potatoes & onion mingle-mangle . whole wheat wrap

chicken poblano enchiladas ~ QHF poblano peppers . mhi roasted chicken . chihuahua cheese . mhi green enchilada sauce . 5 onion meritage GF

nanna's biscuits & gravy ~ buttermilk biscuits . lodge sausage gravy . applewood smoked bacon choice of free range egg

DESSERT

our breakfast desserts are served family style

Amber Waves Amagansett wheat pancakes ~ plain, blueberry, or chocolate chip V

Æbleskivers (stuffed skillet cake) ~ vanilla . bourbon . amber waves wheat . apple butter Milk Pail cinnamon apples V

"I may not be a 'local', but my menu will be as much as possible. Once I realized the food oasis that is the East End, I have a new affection for local farms, farmers, tractors, and especially the farm dogs!" Chef Carolyn

ACCOUTREMENTS

bacon

QHF potatoes

sour dough

multigrain

pork sausage

organic - free range eggs

DF - dairy free

GF - gluten free

W30 - whole 30

V - vegetarian

P - paleo

QHF = Quail Hill Farm, Amagansett, NY AW = Amber Waves - Amagansett, NY Satur Farms - Northfork LI

STH = Share the Harvest, East Hampton Happy Valley Meat - Brooklyn, NY Gianforte Farm - Cazenovia, NY

BYB = Backyard Brine Pickles - Northfork, Long Island Mecox Bay Dairy - Bridgehampton, NY

BDB = Blue Duck Bakery - Southampton OMO = Open Minded Organics - hemp from Bridgehampton, NY

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

* Before placing your order, please inform your server if a person in your party has a food allergy.



MHI COFFEE

"these must have been the magic beans they wrote stories about" J

Death Wish Coffee - Upstate New York, fair trade & organic, friends of MHI

- **Valhalla Java**: smooth as silk with a walnut & toast finish
caffeine = turbo fuel . made pour over or soft brew

Baby's Coffee - Key West, FL, southernmost roaster in US, and friends of MHI

- **Hemingway's Hair of the Dog**: medium roast . full bodied
caffeine = high test . **made pour over or soft brew**

Grounds & Hounds Coffee Co. - "Every Pound Saves A Hound" (*really!!!)

- **Alpha Blend**: super dark roast with notes of cocoa, vanilla, nutmeg, followed by an enticing smokiness with a silky smooth finish . caffeine = medium . **this is our espresso or experience as a soft brew**

- **Good Boy**: dark roast with notes of brown sugar, buttercream, molasses, and bakers chocolate
caffeine = medium **made pour over or soft brew**

- **Rescue Roast**: medium roast with notes of dark chocolate, caramel, red currant, and toasted pecans
caffeine = medium **made pour over or soft brew**

- **Sunny Spot**: medium roast with notes of vanilla, red currant, dark chocolate and hazelnut
caffeine = medium . . **made pour over or soft brew**

- **Morning Walk Breakfast Blend**: light roast with notes ranging from sweet cherry and caramel to cocoa and toasted nuts . caffeine = high . **made pour over or soft brew**

- **Hush Puppy Decaf**: dark roast with notes of milk chocolate and vanilla, with a silky smooth and subtle sweet finish ("yes, I despise even the concept of decaf, but if you have to drink it, this is the one" J)

this is our decaf espresso or experience as a soft brew

**Grounds & Hounds Coffee Co.® hold a special place in our heart; our 4 pawed family member Jeep is a rescue from ARF. They are committed to using the sale of their fair trade organic, specialty coffees to support the no kill rescue organizations providing safe-havens for pups between homes. 20% of all Grounds & Hounds profits are donated to rescue partners working to make the second-chance mission a reality.*

SPECIALTY DRINKS

- cappuccino • espresso • cafe latte • lungo •
- macchiato • cafe au lait • G&H hot chocolate
- G&H peppermint hot chocolate • G&H mexican hot chocolate
- oat milk cappuccino • oat milk latte • oat milk cafe au lait
- MHI Mocha = MHI Cold Brew, Grounds & Hounds Chocolate mix, a touch of vanilla mixed & heated to perfection

TEA

- palais des thés • "savour the best of tea" • paris •
- Breakfast Tea - strong black tea
- Darjeeling Finest - black tea
- Earl Grey Fleurs Bleues - bergamot black tea
- Thé Vert de Chine - green tea
- Original Chai - spiced black tea
- Thé a la Menthe - mint green tea
- caffeine free •
- Camomille - infusion herbal tea

"I'd prefer someone wait a couple minutes, rather than to serve them a shitty cup of coffee." J - aka captain of caffeine